# दक्षिणरेलवे Southern Railway

मंडलकार्यालय/ Divisional Office, कार्मिकशाखा/ Personnel Branch, मदुरै/ Madurai-625016, दि. /Date:09.04.2025.

### All Concered Supervisory Officials /MDU Division

विषय/ Sub: NIS Diploma course for the year 2025-26 - Reg.

संदर्भ/ Ref: 1. Sr.Sports Officer, Southern Railway.Lr.No.SRSA/NIS/2021.Dt.08.04.2025.

2. RSPB letter No.2025/I(Sports)/5/(4)/5/ NIS dated 02.04.2025.

3. SAI NS NIS circular dated 26.03.2025.

\*\*\*\*\*

A copy of Railway Board's Lr No.2025/I(Sports)/5/(4)/5/NIS dated.02.04.2025. alongwith a copy of the Notification issued by Sports Authority of India on the above subject is enclosed for information and wide publicity among employees .

Encl: As above.

Digitally signed by M
ESAKKI
Date: 2025.04.10
11:22:14 +05'30'
(एम. इसक्की M. Esakki)
सहायककार्मिकअधिकारी
Assistant Personnel Officer/T
/मंडल कार्मिक अधिकारी/मदुर
/ Divisional Personnel Officer/MDU

प्रतिलिपि / Copy to: All Concerned Branch Officer:- for kind information & NA please.

Sr.Sports Officer/MAS :- for kind information.

JE/IT/PB/MDU:- for uploading in web portal: pbmdu.co.in.



# SOUTHERN RAIL WAY SPORTS ASSOCIATION

No. SRSA/NIS/2021

Headquarters office, Park Town, Chennai-3 Date: 08.04.2025

# DRM/P/MAS, SA, PGT, TVC, MDIJ & TPJ CWM/CW/PER, CWM/LW/PER, CWM/S&T/PTJ

Sub: NIS Diploma course for the year 2025-26 - Reg.

Ref: RSPB letter No.2025/I (Sports)/5/(4)/5/NIS dated 02.04.2025.

-oOo-

Railway Board vide letter cited above has called applications for the admission to diploma course in sports for the academic session 2025-26 at NIS/Patiala, Bengaluru & Kolkatta centres.

In this connection you are kindly requested to recommend the qualified players in your division for above course with proper justification, Branch officer NOC and Vigilance clearance.

The applications may be sent in the following format along with above enclosures on or before 12.04.2025 to enable this office for further process.

S.No	Name of the Applicant, PF No & Designation	Game	Achievements	OSD Remarks for Recommending candidate to NIS Diploma Course 2025-26)
------	---	------	--------------	---

The applications received after the due date will not be considered or forwarded to Railway Board.

This has the approval of competent Authority.

(K.SARAMMA)

Sr. Sports Officer Southern Railway

Copy to: OSD/MAS, PGT, TVC & MDU.

E. File No. 3493271

# GOVERNMENT OF INDIA (BHARAT SARKAR) MINISTRY OF RAILWAYS (RAIL MANTRALAYA) (RAILWAY BOARD)

No. 2025/E(Sports)/5(4)/5/NIS

New Delhi, 02.04.2025

The President,

All Zonal Railway/Production & Other Unit Sports Associations.

Sub.:- Sponsorship to Railway Sportspersons for Diploma Course in Sports Coaching for the Academic Session 2025-26.

Ref.:- i) RSPB's letter No. RSPB/2009/Policy/NIS Course dated 12.01.2010 copy available in website: <a href="https://www.indianrailways.gov.in">www.indianrailways.gov.in</a>).

ii) SAI NS NIS circular dated 26.03.2025 (Copy enclosed).

Netaji Subhas National Institute of Sports (NSNIS) vide their above referred circular have informed that Diploma Course in Sports Coaching for the academic session 2025-26 will start at Patiala, Bengaluru & Kolkata centres. All the details of course including the eligibility criterion, last date to apply and admission procedure etc. are available in the NIS circular enclosed herewith.

- 2. In this connection, Railway/Unit with the approval of their President of concerned Zonal Railway/Unit Sports Association, may recommend the names of maximum two sportspersons willing to join the said course and fulfilling the eligibility criterion of NSNIS and also sponsorship criteria of RSPB as detailed in letter dated 12.01.2010 referred above, along with the undertaking that concerned zonal Railway / unit will provide the funds for the said Diploma course.
- 3. The recommended two sportspersons may be advised by Railway/Unit to apply for the said NIS course through on-line process on the official site of NSNIS as per instructions laid down in NIS circular enclosed. However, their sponsorship for the said course will be subject to the approval by competent authority in Board's office.
- 4. While recommending the two names, the Zonal Railways may please ensure that:
  - a) The two nominations should be from different game disciplines,
  - b) Priority be given to game disciplines which have not been sponsored by RSPB in last 03 years,
  - c) The names should be selected by Railways / PUs from such disciplines in which qualified coaches are not available or are in less numbers.
- 5. The following information/documents (Scanned copies only) should also be sent through e-mail to rspb\_rb@yahoo.in and rspbrb@rb.railnet.gov.in along with recommendations.
- (i) All documents related to sports credentials of candidates.

Cont....

- (ii) Details of candidates and points achieved for recognized sports achievements, as per the criteria mentioned in RSPB's letter No. RSPB/2009/Policy/NIS Course dated 12.01.2010, in the attached Proforma with signature of President/General Secretary of Zonal Railway/Unit Sports Association. The performa signed by any other officer, shall be liable to be rejected.
- (iii) Self attested copies of certificates of matriculation for age proof, educational qualification and all recognized sports achievements. No points shall be awarded for the sports achievements for which a valid certificate is not attached.
- (iv) Each paper/document should be self attested by the applicant.
- (v) An Undertaking (Affidavit/Bond) from the candidate for serving the Railway at least for four years, after the completion of the course and providing his/her expertise, as and when required by the Railways.
- (vi) Details of all NIS qualified coaches working in the Railway/Unit, mentioning their names, game, year of passing NIS course, date of retirement etc. and NIS Coaches sponsored by RSPB during last three years.
- 5. The delay from ZRSAs in forwarding the recommendation to RSPB results in undue delay in necessary approvals and the consequent delay in forwarding the approval back to concerned ZR/PUs. It is therefore, requested that the copy of on-line submission of applications of eligible sportspersons along with all required information and documents should reach this office latest by 15.04.2025 for further consideration and approval of Railway Board, for sponsorship.

(Ravinder Kumar)
Deputy Director / E(Sports)





# SPORTS AUTHORITY OF INDIA NETAJI SUBHAS NATIONAL INSTITUTE OF SPORTS: PATIALA (ACADEMICS SECTION)

#### **NOTIFICATION**

No:SAI/NSNIS/Acad./2025-26

Dated:26-03-2025

Sports Authority of India (SAI), Netaji Subhash National Institute of Sports (NS NIS), Patiala, invites online applications for 63<sup>rd</sup> Batch of Diploma Course in Sports Coaching 2025-26. Interested candidates may apply through website for Online Application: <a href="https://www.dipsc.nsnis.in/">https://www.dipsc.nsnis.in/</a> for more details kindly visit NS NIS website: <a href="https://www.nsnis.org">www.nsnis.org</a>

• Date of opening of Online Application : 27th March, 2025 (12:00 PM)

Last date for filling up online application: 26th April, 2025

Correction Window : 27<sup>th</sup> April, to 28<sup>th</sup> April 2025 (2 days)

(SAI NSNIS Academic Division)

Helpline No: 0175-2394351

E:mail nsnisacademics@gmail.com

SAI NSNIS Welcomes You All.

Sibananda Mishra
Dy. Director (Academics)





## SPORTS AUTHORITY OF INDIA NETAJI SUBHAS NATIONAL INSTITUTE OF SPORTS OLD MOTI BAGH: PATIALA-147001

# Admission to 63<sup>rd</sup> Batch Diploma Course in Sports Coaching (Session 2025-26)

Date of opening of Online Application: 27th March, 2025 (12.00 PM onwards)

Last date for filling up online application: 26th April, 2025

Correction Window: 27th April, to 28th April 2025 (2 days)

(NSNIS Academic Division)

Helpline No: 0175-2394351

E:mail: nsnisacademics@gmail.com





# SPORTS AUTHORITY OF INDIA NETAJI SUBHAS NATIONAL INSTITUTE OF SPORTS: PATIALA

# ADMISSION NOTICE FOR DIPLOMA COURSE IN SPORTS COACHING (ACADEMIC SESSION 2025-26)

# **LAST DATE FOR SUBMISSION OF APPLICATION: 26th April 2025**

Website for Online Application: https://www.dipsc.nsnis.in/

SAI - Netaji Subhas National Institute of Sports, Patiala invites online applications from the candidates who fulfill the **eligibility criteria for admission** to the Diploma Course in Sports Coaching for the academic session **2025-26**.

#### **ADMISSION PROCEDURE:**

- i. Eligible candidates desirous to seek admission to Diploma Course in Sports Coaching should apply online on the registration portal on or before the last date prescribed in the notification.
- ii. All details regarding filing up of online application and fee payment are given on the above mentioned registration portal. For any queries, helpline numbers given on the registration portal are required to be contacted.
- iii. Eligible candidates shall be called for online admission test on the basis of documents submitted by them.
- iv. Candidates must be in possession of all original certificates/credentials and other documents for verification by the respective academic centres at the time of joining the course.

#### I. SPORT DISCIPLINES AND COURSES SEAT VACANCIES:

S.No.	Sports Discipline	Vacancies	Sr.No.	<b>Sports Discipline</b>	Vacancies
1	Archery	30	14	Kabaddi	30
2	Athletics	75	15	Kho-Kho	20
3	Badminton	20	16	Rowing	10
4	Basketball	30	17	Shooting	20
5	Boxing	50	18	Swimming	20
6	Canoeing & Kayaking	15	19	Table-Tennis	40
7	Cycling	30	20	Taekwondo	20
8	Fencing	30	21	Tennis	20
9	Football	50	22	Volleyball	30
10	Gymnastics	20	23	Weightlifting	30
11	Handball	20	24	Wrestling	50
12	Hockey	50	25	Wushu	25
13	Judo	30	26	Yogasana	20
	Total	785*			

<sup>\*</sup>In addition to the above course vacancies, a total of 104 supernumerary vacancies over and above have been created (a total of 4 in each sports discipline 2 for male 2 for female).





# II. Indicative list of Cities\*for the Online examination for admission in Diploma Course in Sports Coaching 2025-26

Sr. No.	Indian Locations	Sr. No.	Indian Locations	International Locations
1	AHMEDABAD	16	KOCHI	BANGLADESH
2	AMBALA	17	KOLKATA	NEPAL
3	BANGALORE	18	KOZHIKODE	SRI LANKA
4	BHOPAL	19	LUCKNOW	
5	CHANDIGARH	20	MUMBAI	
6	CHENNAI	21	NAGPUR	
7	COIMBATORE	22	NEW DELHI	
8	FARIDABAD	23	NOIDA	
9	GURUGRAM	24	PATNA	
10	GUWAHATI	25	PUNE	
11	HYDERABAD	26	RAIPUR	
12	IMPHAL	27	THIRUVANANTHAPURA	
13	JAIPUR	28	VARANASI	
14	JAMMU	29	VISAKHAPATANM	
15	JODHPUR			

<sup>\*(</sup>i)The students may indicate their preference of exam city from this list while applying on the registration portal.

#### III. CATEGORY-A(I) DIRECT ADMISSION FOR EMINENT SPORTS PERSONS-

Educational Qualifications:	10+2
<b>Sports Achievements:</b>	Represented India in Olympics
	OR
	Participation in Senior World Championship
	OR
	Won any Medal in Asian/Commonwealth Games

#### Note:

- 1. During the admission process, candidates selected under A (I) category are exempted from appearing in the online admission tests and Online/Offline/Physical interview.
- 2. Filling of application process will remain same for A (I) category as per other categories.
- 3. In addition to the number of vacancies advertised against each sport discipline, Four Supernumerary vacancy (Two for men and Two for women) have been created additionally for candidates in category A(I). However, Physical and Medical Tests will be applicable for A(I) category, as applicable to other candidates.
- 4. In case of more than two candidates (per gender) in one sport discipline, Candidates will be selected on the basis of ranking as follows: -
  - First: Medal in Olympics.
  - Second: Medal in Senior World Championships.
  - Third: Participation in Olympics.
  - Fourth: Medal in Asian/Commonwealth Games

<sup>\*(</sup>ii)SAI NSNIS reserves the rights to allot the final exam city and exam centre which may be different from the city opted by the candidate due to administrative reasons.





- Fifth: Participation in Senior World Championship
- 5. In case of Score tie (within the same gender group), admission will be given to the candidates who is elder in age.
- 6. Rest of the eligible candidates in this category have to undergo the entire selection process based on merit as applicable to candidates in other categories.
- 7. In case of vacancy falling short due to non-availability of candidate in any sportdiscipline, the vacancy assigned to that sport can be diverted to other sportdisciplines if requirement so exists. The diversion of vacancies from one sportto other will be finalised by a Committee Chaired by Sr. Executive Director, NSNIS, Patiala.

### **CATEGORY-A (II) FOR INTERNATIONAL SPORTS PERSONS**

<b>Educational Qualification</b>	10+2
Sports Achievements	Participation in any of the following competitions:  1. Olympic Games  2. Senior World Championship  3. Asian Games/Senior Asian Championship  4. Commonwealth Games/Senior Commonwealth Championship  5. Youth Olympics

### **CATEGORY-B**

Educational Qualifications:	Graduation						
	A) Participation in Major International recognized competition <b>OR</b>						
	<b>B).</b> Participation in any of the following:						
	1. Recognized Senior National Championships						
Sports	2. Khelo India University Games						
Achievements:	3. All India Inter University games						
	OR						
	<b>C).</b> Two times participation in any of the following:						
	1. Recognized Junior/Youth National Championship						
	2. Inter Services/Inter Railways Championships/All IndiaPolice Games.						
	3. Khelo India Youth/Khelo India School Games.						
	OR						
	D. Successful completion of SAI, NS NIS Six Week Certificate						
	Course in Sports Coaching and at-least Medal Winner/Position						
	holder in recognized State-Level Championship/competition (in						
	their respective sports coaching discipline only).						





## **CATEGORY-C (FOR NORTH-EAST CANDIDATES)**

Educational Qualifications:	Graduation
Sports Achievements:	<ul><li>A). Medal Winner in North East Games</li><li>OR</li><li>B). Two times participation in North East Games</li></ul>
	OR C). Fulfilling the criteria as mentioned in category B above.

#### IV. AGE CRITERIA:

The age limit for applicants for the course shall be 21-45 years as on the last date of submission of application.

Upper Age relaxation upto **Five** years shall be given to:

- The candidate who have participated in Olympic Games/Senior World Championship/Asian Games/Senior Asian Championship/Commonwealth Games/Senior Commonwealth Championship.
- 2. Candidates belonging to SC/ST/OBC category.
- 3. In service and Ex-service candidates from Armed Forces of India.

#### V. ALLOTMENT OF MARKS FOR ADMISSION CRITERIA:

The final selection of candidates (subjected to Physical and medical fitness\*\*) shall be based on a merit list based on marks achieved in accordance with the following criteria:

S. No	Items	Marks
1	Educational Qualifications	10
2	Sports Achievements	20
3	Online/Offline/Physical Interview ***	10
4	Specialized Sports Theory Test (MCQ)*	25
5	General Knowledge Theory Test (MCQ)*	10
6	Logical Reasoning & Coaching Aptitude (MCQ)*	10
7	Language & Communication (MCQ)*	10
8	Basic Computer Knowledge (MCQ)*	05
	Total Marks	100

- \* Online test will be conducted for S.No. 4 to S.No. 8 (No TA/DA will be provided for the same) \*\*Physical and Medical Fitness: All Candidates shortlisted provisionally in entrance exam and Online/Offline/Physical interview are to undergo the Physical and medical fitness tests as per the prescribed format. (No TA/DA will be provided forthe same) (Have to qualify the physical fitness test and submit the Medical Fitness Certificate)
- \*\*\* Trainees will be shortlisted for the interview in a 1:3 ratio based on their total score, which considers Educational Qualification, Sports Achievements, and Admission Test performance. For instance, in Archery, with 30 available seats, the top 90 candidates, ranked on merit based on Educational Qualification, Sports Achievements, and Admission Test performance, will be selected for the next stage (Online/ Offline/Physical Interview) of the admission process.





# VI. MARKS FOR EDUCATIONAL QUALIFICATION:

Candidate with additional educational qualification will be awarded marks as per the following qualifications: -

S. No	Educational Qualification*	Marks Allotted
1	BPEd/Post Graduate in any subject other than Physical Education	03
2	MPEd/ MBA in Sports Management	05
3	M.Phil/PhD in Physical Education/ Sports	10

<sup>\*</sup>Only the highest educational qualification will be considered for marks grading subject to submission of the document at the time of the application itself.

#### VII. MARKS FOR SPORTS ACHIEVEMENTS:

Candidates with sports achievements shall be awarded marks as per the following table:-

Sr. No.	Sports Achievements*	Marks Allotted
1	Participation in Olympics	
	Medal Winners of Senior World Championships	20
	Gold Medal winners in Asian/ Commonwealth Games	
2	Silver /Bronze Medal in Asian/ Commonwealth Games	
	Medal Winners in Senior Asian /Commonwealth Championships	
	Medal winners in World University Games/Championships	15
	Medal winners in Youth Olympics/ Junior World Championships	
	Medal Winners in World Military Games/ World Police	
3	Participation in Asian/Common Wealth Games/Senior World	
	or Asian or Commonwealth Championships	
	Medal Winner in SAAF/SAARC Games	
	Medal Winners in National Games	
	Medal Winners in Senior National Championship	10
	Participation in:	
	Youth Olympics Games	
	Junior World Championships	
	World Military Games	
	World Police Games	
	World University Games	
	Participation in SAAF/SAARC Games	
	Medal Winners in:	
4	All India Inter University	05
	Junior/Youth Nationals	
	Khelo India (School/Youth/ University Games)	

<sup>\*</sup>Only the highest sports qualification will be considered for marks grading.





#### VIII. SYLLABUS FOR ON-LINE ADMISSION TEST:

- 1. Specialised Sport theory Test Basic terminology, abbreviation, technical rules, specification of play fields/courts/arena/equipment and competition format.
- 2. General knowledge current affairs, basic sports awareness at national and international level, awards, rural sports in the country and sports promotional schemes.
- 3. Logical reasoning and coaching aptitude Numerical, relationship, sequential, diagrammatic, reasoning pattern of intermediate standard. Fault finding, problem solving and analytical aptitude.
- 4. Language and communication test Grammar, comprehensive, synonyms, antonyms of matric standard in English.
- 5. Basic computer knowledge Basic knowledge of Microsoft office and excel, terminology of computer and internet.

#### IX. PHYSICAL FITNESS TESTS:

The candidates have to qualify the Physical Fitness Tests for admission in the diploma course in Sports Coaching. Candidates who do not qualify will not be permitted to join the course. The minimum qualifying standards for various motor ability tests is as par annexure "A".

#### X. IMPORTANT POINTS FOR THE ATTENTION OF THE CANDIDATES:

- 1. The candidates, before submitting the online application, shall ensure their eligibility to appear in the examination.
- 2. Applications of candidates who do not fulfill the eligibility criteria shall be rejected.
- 3. Online application cannot be withdrawn once it is submitted successfully.
- 4. Request for change in any particular in the application shall not be entertained under any circumstances. However, a chance will be given to the candidates to correct/modify/edit some of the particulars of the application online, only through the correction window for 2 days only after the last date of submission, if required so.
- 5. Admission of a candidate to the course is provisional subject to being found physically and medically fit and verification of educational and sports certificates.
- 6. In case a candidate is found providing incorrect information or identity is proved to be false or certificates found fake at any time even after the start/end of the course, the candidate will be terminated/disqualified and shall face penal action as per law.
- 7. The name on the photo identification card must match with the name as in the application submitted. If the name has been changed due to marriage or due to any other reasons, candidate must show the relevant document (in original) at the time of exam. (Marriage Certificate /Divorce/Degree /Legal Name Change Document)
- 8. In case of any technical issue or due to a natural disaster, exam in a particular shift/subject may get rescheduled.
- 9. Sports specific merit list will be prepared on the basis of marks obtained by the candidates in respect of educational qualification, sports achievement and marks of specialised sports theory, General Knowledge, Logical Reasoning and Coaching Aptitude, Language and Communication, Basic Computer Knowledge examination and Online/ Offline/Physical interview.
- 10. Online/Offline/Physical interview will be conducted tentative in the month of June-July 2025 at 03 (Three) Academic centers of SAI (NS NIS, Patiala, SAI NSSC, Bangalore, SAI NSEC,





Kolkata).

- 11. Provisional Merit list (Sports specific) of the candidates will be displayed on NSNIS website www.nsnis.org.
- 12. Candidates selected provisionally have to bring with them medical fitness certificates issued by the Medical Officer of Government Hospital of their respective/nearby area.
- 13. All selected candidates have to undergo physical fitness test before joining the Institute. Candidates who qualify the physical fitness test will only be allowed to join the course. Selected candidates will pay the fees before the commencement of the course.
- 14. In case the applicant is serving as a government employee, Non-Objection Certificate (NOC) from concerned government organisation needs to be produced and submitted to concerned SAI Academic centre.
- 15. During the conduct of the course students may be asked to report physically at centre anytime, however boarding and lodging facilities will be subject to availability of facility at discretion of Competent Authority.
- 16. During the complete academic year at least 85% attendance in each semester is compulsory to appear for the exam. Further permission needs to be taken well in advance for the leave, from In-charge Academic of the concerned centre.
- 17. In case of Score tie (within the same discipline), admission will be given to the candidates who is elder in age.
- 18. Candidates awaiting result of qualifying examination may also apply for admission with the clear stipulation that in the event of their selection they will be entitled to admission only if they fulfill all eligibility requirements of concerned course of study at the time of admission.
- 19. **Internship:** Candidates have to attend two month Internship. First one month internship center will be in their nearby area of Academic Centre or within academic centre and the remaining internship is to be attended as per center allotted to the candidate on PAN India basis.

#### NOTE:

- 1. Sports Authority of India reserves the right to cancel a course or change the venue of a course in view of inadequate response or due to other administrative reasons.
- 2. Final admission to the course will be subject to physical and medical fitness of the candidate. Decision of the selection committee will be final and binding. Sports Authority of India reserves the right to cancel any education programme, change the venue and also increase/decrease the duration of the course, due to administrative and other reasons.
- 3. Candidates suspended under doping offence are not eligible to apply during their suspension period.
- 4. Candidates facing criminal charges are not eligible to apply for admission under the diploma course.







# Annexure - 'A'

Age and Gender wise Norms for conduct of Physical Fitness Test for Diploma Course in Sports Coaching 2025-26 is as under:

### A. For Male Candidate:

SI.	TEST	21-30	Score	31-35	Score	36-40	Score	41-45	Score	46-50 years	Score
No.		years		years		years		years			
1	30 mtr.	4.8 sec	3	5 sec	3	5.2 sec	3	5.4 sec	3	5.6 sec	3
	Flying	5 sec	2	5.2 sec	2	5.4 sec	2	5.6 sec	2	5.8 sec	2
	sprint	5.2 sec	1	5.4 sec	1	5.6 sec	1	5.8 sec	1	6 sec	1
		5.4 sec	0	5.6 sec	0	5.8 sec	0	≥6 sec	0	6.2 sec	0
2	Standing broad	1.6 m	3	1.55 m	3	1.5 m	3	1.45 m	3	1.4 m	3
	jump	1.55 m	2	1.5 m	2	1.45 m	2	1.4 m	2	1.35 m	2
		1.5 m	1	1.45 m	1	1.4 m	1	1.35 m	1	1.3 m	1
		1.45 m	0	1.4 m	0	1.35 m	0	1.3 m	0	1.25 m	0
3	6 x 10 mtr Shuttle	16.5 sec	3	17 sec	3	17.5 sec	3	18 sec	3	18.5 sec	3
	Run	17 sec	2	17.5 sec	2	18 sec	2	18.5 sec	2	19 sec	2
		17.5 sec	1	18 sec	1	18.5 sec	1	19 sec	1	19.5 sec	1
		18 sec	0	18.5 sec	0	19 sec	0	19.5 sec	0	20 sec	0
4	Bend and	4 cm	3	3.5 cm	3	3 cm	3	2.5 cm	3	2 cm	3
	Reach	3.5 cm	2	3 cm	2	2.5 cm	2	2 cm	2	1.5 cm	2
	Test	3 cm	1	2.5 cm	1	2 cm	1	1.5 cm	1	1 cm	1
		2.5 cm	0	2 cm	0	1.5 cm	0	1 cm	0	0.5 cm	0
5	1600 mtr Run	7:30.0 Min	3	8:0. Min	3	8:30. Min	3	9:00.Min	3	9:30.Min	3
		8:0.00 Min	2	8:30.Min	2	9:00.Min	2	9:30. Min	2	10:00.Min	2
		8:30.00 Min	1	9:00.Min	1	9:30.Min	1	10:00. Min		10:30.Min	1
		9:00.00 Min	0	9:30.Min	0	10:00.Min	0	10:30. Min	0	11:00Min	0

- Score will be awarded as per the scale from 0-3
- Score will be awarded for Male/ Female separately.
- Maximum score will be 15.
- The overall Qualifying score shall be 09 or more.

It is compulsory for all the trainees to attempt and complete all the Tests.





#### **B. For Female Candidate:**

SI.	TEST	21-30	Score	31-35	Score	36-40	Score	41-45	Score	46-50	Score
No.		years		years		years		years		years	
1	30	5.40 sec	3	5.6 sec	3	5.8 sec	3	6 sec	3	6.2 sec	3
	mtr.	5.6 sec	2	5.8 sec	2	6 sec	2	6.2 sec	2	6.4 sec	2
	Flying	5.8 sec	1	6 sec	1	6.2 sec	1	6.4 sec	1	6.6 sec	1
	sprint	≥6 sec	0	6.2 sec	0	6.4 sec	0	6.6 sec	0	6.8 sec	0
2	Standing	1.4 m	3	1.35 m	3	1.3 m	3	1.25 m	3	1.2 m	3
	broad	1.35 m	2	1.3 m	2	1.25 m	2	1.2 m	2	1.15 m	2
	jump	1.3 m	1	1.25 m	1	1.2 m	1	1.15 m	1	1.10 m	1
		1.25 m	0	1.2 m	0	1.15 m	0	1.10 m	0	0.95 m	0
3	6 x 10 mtr	17.5 sec	3	18 sec	3	18.5 sec	3	19 sec	3	19.5 sec	3
	Shuttle Run	18 sec	2	18.5 sec	2	19 sec	2	19.5 sec	2	20 sec	2
		18.5 sec	1	19 sec	1	19.5 sec	1	20 sec	1	20.5 sec	1
		19 sec	0	19.5 sec	0	20 sec	0	20.5 sec	0	21 sec	0
4	Bend and	4 cm	3	3.5 cm	3	3 cm	3	2.5 cm	3	2 cm	3
	Reach Test	3.5 cm	2	3 cm	2	2.5 cm	2	2 cm	2	1.5 cm	2
		3 cm	1	2.5 cm	1	2 cm	1	1.5 cm	1	1 cm	1
		2.5 cm	0	2 cm	0	1.5 cm	0	1 cm	0	0.5 cm	0
5	1600 mtr Run	9:00.0	3	9:30.0 Min	3	10:00.0 Min	3	10:30.0	3	11:00.0	3
		9:30.0	2	10:00.0 Min	2	10:30.0	2	11:00.0	2	11:30.0	2
		10:00.0	1	10:30.0 Min	1	11:00.0	1	11:30.0	1	12:00.0	1
		10:30.0	0	11:00.0 Min	0	11:30.0	0	12:00.0	0	12:30.0	0

- Score will be awarded as per the scale from 0-3
- Score will be awarded for Male/ Female separately.
- Maximum score will be 15.
- The overall Qualifying score shall be 09 or more.
- It is compulsory for all the trainees to attempt and complete all the Tests.

It is compulsory for all the trainees to attempt and complete all the Tests.





# Annexure - 'B'

#### A. FEE STRUCTURE FOR DIPLOMA IN SPORTS COACHING SESSION 2025-26

- 1. Application fees Rs. 1500\*/- (Non Refundable)
- 2. FEE STRUCTURE FOR DIPLOMA IN SPORTS COACHING SESSION 2025-26

FEE STRUCTURE (Figures in Indian Rupees)		
Fee Bifurcation	Indian Candidates	Foreign Candidates
Examination Fee	4000-00	5000-00
Scientific Journal	500-00	500-00
Library Fee	500-00	500-00
TV & Entertainment Fee	500-00	500-00
Medical Assistance for Minor Ailments	500-00	500-00
Syllabus	300-00	300-00
Security Deposit (Refundable)	1000-00	1000-00
Uniform (Blazer, Track Suit & Tie)	4000-00	4000-00
Establishment/Academic Charges	5000-00	8000-00
Tuition Fee	39500-00	64500-00
Equipment charges	2500-00	2500-00
Guest Faculty, Intramurals/Pedagogy, etc.	2500-00	2500-00
Ascertaining Genuineness of Education Certificate	3000-00	3000-00
TOTAL	63,800-00*	92,800-00*

\*(Additionally, convenience fee for online transaction as applicable will be levied by the payment gateway)

# B. FEE REFUND:

If a student chooses to withdraw from the Diploma Course in Sports Coaching in which he/she is enrolled, the institute will follow the refund policy of University Grants Commission (UGC) of 2018 as approved in XXIX SAI NS NIS, Academic Council Meeting.

- C. Written Entrance Examination: 6th June 2025, (Friday).
- **D.** Bridge Course Class: Will be conducted for the candidates selected under A (I) category.